



# MARCH | 2019

## McComb Local Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**\*\* STOP IN THE CAFETERIA & START OFF YOUR DAY THE BREAKFAST WAY! BREAKFAST WILL GIVE YOU MORE ENERGY & KEEP YOUR BODY HEALTHY TO STAY FOCUSED AND SUCCEED IN SCHOOL \*\***

**Note: If you qualify for free or reduced meals this also applies to breakfast**

<p><b>4</b> Pancake Wrap</p> <p>Chicken Nuggets <u>or</u> BBQ Pork Sandwich, Salad Bar, Broccoli, Fruit Bar, FF Milk</p>	<p><b>5</b> Chs Omelet w/ Saus Link</p> <p>Fiestada Pizza <u>or</u> Cheese Filled Breadstick (Bosco), Salad Bar, Carrots, Fruit Bar, FF Milk</p>	<p><b>6</b> Breakfast Sandwich</p> <p>Spiral Rotini w/ Mt Sauce <u>or</u> Scalloped Potatoes &amp; Ham, Salad Bar, Corn, Garlic Breadstick, Fruit Bar, FF Milk</p> <p><i>Lent Option: Egg Salad Sandwich</i></p>	<p><b>7</b> French Toast Sticks</p> <p>Chicken <u>or</u> Cheese Quesadilla, Salad Bar, Black Beans, Fruit Bar, FF Milk</p>	<p><b>1</b> Chef's Choice</p> <p>Breaded Chicken Sandwich <u>or</u> Corn Dog, Salad Bar, Spicy Curly Fries, Fruit Bar, FF Milk</p>
<p><b>11</b> Breakfast Bar</p> <p>Hamburger <u>or</u> Breaded Spicy Chicken Sandwich, Salad Bar, Baked Beans, Salty Snack, Fruit Bar, FF Milk</p>	<p><b>12</b> Funnel Cake</p> <p>Pepperoni <u>or</u> Cheese French Bread Pizza, Salad Bar, Sweet Potatoes, Fruit Bar, FF Milk</p>	<p><b>13</b> Breakfast Burrito</p> <p>Sweet &amp; Sour Chicken <u>or</u> Mongolian Beef, Salad Bar, Asian Blend w/ Baby Corn, Fruit Bar, Fortune Cookie, FF Milk</p>	<p><b>14</b> Donut Holes</p> <p>Beef <u>or</u> Chicken Taco, Salad Bar, Refried Beans, Fruit Bar, FF Milk</p>	<p><b>8</b> Chef's Choice</p> <p>Chicken Strips <u>or</u> Popcorn Fish Basket, Salad Bar, Tater Tots, Fruit Bar, FF Milk</p>
<p><b>18</b> Breakfast Pizza</p> <p>Chicken Strips <u>or</u> Breaded Pork Sandwich, Salad Bar, Green Beans, Fruit Bar, FF Milk</p>	<p><b>19</b> Cinnamon Roll</p> <p>Pepperoni Filled Breadstick <u>or</u> Cheese Pizza Cruncher Bites, Salad Bar, Carrots, Fruit Bar, FF Milk</p>	<p><b>20</b> Breakfast Sandwich</p> <p>Build Your Own Breakfast Burrito (w/ Egg, Cheese, Sausage <u>or</u> Bacon &amp; other toppings), Hash Brown, 100% Juice Choice, Fruit Bar, FF Milk</p> <p><b>**NOTE: NO SALAD BAR**</b></p>	<p><b>21</b> Mini Pancakes</p> <p>Loaded Beef <u>or</u> Chicken Nachos, Salad Bar, Refried Beans, Fruit Bar, FF Milk</p>	<p><b>15</b> Chef's Choice</p> <p>McRib Sandwich <u>or</u> Hot Dog Sandwich, Salad Bar, Straight Cut Fries, Fruit Bar, FF Milk</p> <p><i>Lent Option: Fish Sandwich</i></p>
<p><b>25</b></p> <p><b>No School</b></p>	<p><b>26</b> Donut Holes</p> <p>Pepperoni <u>or</u> Cheese Stuffed Crust Pizza, Salad Bar, Sweet Potatoes, Fruit Bar, FF Milk</p>	<p><b>27</b> Breakfast Burrito</p> <p>Salisbury Steak <u>or</u> Chicken Drumstick, Mashed Potatoes, Salad Bar, Corn, Roll, Fruit Bar, FF Milk</p>	<p><b>28</b> French Toast Sticks</p> <p>Crispitos <u>or</u> Enchiladas, Salad Bar, Refried Beans, Fruit Bar, FF Milk</p>	<p><b>22</b> Chef's Choice</p> <p>Popcorn Chicken <u>or</u> Spicy Popcorn Chicken, Salad Bar, Spicy Curly Fries, Fruit Bar, FF Milk</p> <p><i>Lent Option: Popcorn Fish</i></p>
				<p><b>29</b> Chef's Choice</p> <p>Chicken Nuggets <u>or</u> Breaded Fish Wedge Sandwich, Salad Bar, Tater Tots, Fruit Bar, FF Milk</p>

### News BREAKFAST INFO

	Breakfast
All Grades & Adults	\$1.25
Reduced	\$0.30
Extra Milk (1/2pt)	\$0.50

Breakfast served from 7:15-7:50 a.m.

### BREAKFAST MENU

**Hot Breakfast:** Daily Hot Breakfast Option is stated on the Menu (at left).  
**Alternate Daily Breakfast Options:** Instant Oatmeal, Cereal, Cereal Bars, Pop Tarts, Muffins, Whole Grain Donuts.  
 \*\* Breakfast includes whole fruit, juice, and milk \*\*

### LUNCH INFO

	Lunch
Grades 1-5	\$2.25
Grades 6-12	\$2.55
Adult	\$2.75
Reduced	\$0.40
Extra Milk (1/2pt)	\$0.50

All grain products are WHOLE GRAIN unless otherwise noted.

**\* Menu Subject to Change \***

**If you qualify for free or reduced meals this also applies to breakfast**

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 \*\*\* We are an Offer vs. Serve school which means students can build their own meal by choosing a minimum 3 of the 5 daily meal components (meat/meat alternative, grain, fruits, vegetables, & milk) being offered with one being a fruit or vegetable to make it a complete healthy meal. \*\*\*