

SEPTEMBER | 2019

McComb Local Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>No School Labor Day</p>	<p>3 Breakfast Bar</p> <p>Pepperoni <u>or</u> Cheese Pizza, Salad Bar, Green Beans, Fruit Bar, FF Milk</p>	<p>4 Funnel Cake</p> <p>Hamburger <u>or</u> Breaded Spicy Chicken Sandwich, Salad Bar, Baked Beans, Salty Snack, Fruit Bar, FF Milk</p>	<p>5 Mini Pancakes</p> <p>Regular <u>or</u> Spicy Boneless Chicken Wings, Salad Bar, Broccoli, Fruit Bar, FF Milk</p>	<p>6 Chef's Choice</p> <p>Breaded Chicken Sandwich <u>or</u> Corn Dog, Salad Bar, Spicy Curly Fries, Fruit Bar, FF Milk</p>
<p>9 Breakfast Bosco</p> <p>Chicken Nuggets <u>or</u> BBQ Pork Sandwich, Salad Bar, Green Beans, Fruit Bar, FF Milk</p>	<p>10 Breakfast Sliders</p> <p>Fiestada Pizza <u>or</u> Cheese Filled Breadstick (Bosco), Salad Bar, Carrots, Fruit Bar, FF Milk</p>	<p>11 Breakfast Sandwich</p> <p>French Toast Sticks <u>or</u> Mini Pancakes, Sausage Links, Hash brown, Fruit Bar, FF Milk</p> <p>**Note: No Salad Bar**</p>	<p>12 Donut Holes</p> <p>Loaded Beef <u>or</u> Chicken Nachos, Salad Bar, Refried Beans, Fruit Bar, FF Milk</p>	<p>13 Chef's Choice</p> <p>Chicken Strips <u>or</u> Popcorn Fish Basket, Salad Bar, Tater Tots, Fruit Bar, FF Milk</p>
<p>16 Pancake Wrap</p> <p>Bacon Cheeseburger <u>or</u> Popcorn Chicken, Salad Bar, Baked Beans, Fruit Bar, FF Milk</p>	<p>17 Funnel Cake</p> <p>Pepperoni <u>or</u> Cheese French Bread Pizza, Salad Bar, Sweet Potatoes, Fruit Bar, FF Milk</p>	<p>18 Breakfast Burrito</p> <p>Sweet & Sour Chicken <u>or</u> Mongolian Beef, Salad Bar, Asian Blend w/ Baby Corn, Fruit Bar, Fortune Cookie, FF Milk</p>	<p>19 French Toast</p> <p>Crispitos <u>or</u> Chicken Sticks, Salad Bar, Refried Beans, Fruit Bar, FF Milk</p>	<p>20 Chef's Choice</p> <p>McRib Sandwich <u>or</u> Hot Dog Sandwich, Salad Bar, Straight Cut Fries, Fruit Bar, FF Milk</p>
<p>23 Donut Holes</p> <p>Chicken Strips <u>or</u> Breaded Pork Sandwich, Salad Bar, Green Beans, Fruit Bar, FF Milk</p>	<p>24 Cinnamon Roll</p> <p>Pepperoni Filled Breadstick <u>or</u> Cheese Pizza Cruncher Bites, Salad Bar, Carrots, Fruit Bar, FF Milk</p>	<p>25 Breakfast Sandwich</p> <p>Salisbury Steak <u>or</u> Chicken Drumstick, Mashed Potatoes, Salad Bar, Corn, Roll, Fruit Bar, FF Milk</p>	<p>26 Mini Pancakes</p> <p>Philly Cheese Steak <u>or</u> Chicken, Salad Bar, Spicy Curly Fries, Fruit Bar, FF Milk</p>	<p>27 Chef's Choice</p> <p>Grilled Cheese (Amer <u>or</u> Swiss) w/ Tomato Soup, Salad Bar, Broccoli, Fruit Bar, FF Milk</p>
<p>30 Pancake Wrap</p> <p>Mini Cheeseburger <u>or</u> Mini Corn Dogs, Salad Bar, Baked Beans, Fruit Bar, FF Milk</p>	<p>** STOP IN THE CAFETERIA & START OFF YOUR DAY THE <u>BREAKFAST</u> WAY! BREAKFAST WILL GIVE YOU MORE ENERGY & KEEP YOUR BODY HEALTHY TO STAY FOCUSED AND SUCCEED IN SCHOOL **</p> <p>Note: If you qualify for <u>free</u> or <u>reduced</u> meals this also applies to breakfast</p>			

News

BREAKFAST INFO

	Breakfast
All Grades & Adults	\$1.25
Reduced	\$0.30
Extra Milk (1/2pt)	\$0.50

Breakfast served from 7:15-7:50 a.m.

BREAKFAST MENU

Hot Breakfast: Daily Hot Breakfast Option is stated on the Menu (at left).
Alternate Daily Breakfast Options: Instant Oatmeal, Cereal, Cereal Bars, Pop Tarts, Muffins, Whole Grain Donuts.
**** Breakfast includes whole fruit, juice, and milk ****

LUNCH INFO

	Lunch
Grades 1-5	\$2.25
Grades 6-12	\$2.55
Adult	\$2.75
Reduced	\$0.40
Extra Milk (1/2pt)	\$0.50

All grain products are **WHOLE GRAIN** unless otherwise noted.

*** Menu Subject to Change ***

If you qualify for free or reduced meals this also applies to breakfast

***** We are an Offer vs. Serve school which means students can build their own meal by choosing a minimum 3 of the 5 daily meal components (meat/meat alternative, grain, fruits, vegetables, & milk) being offered with one being a fruit or vegetable to make it a complete healthy meal. *****